### **BEISEKER'S MAINLINE EXPRESS**



# March, 2013

Mar 1 - Movie Night

Mar 6 - Beiseker Minor Hockey Mtg

Mar 10 - Daylight Savings Time

Mar 11- Reg. Mtg of Council - 7pm

Mar 13 - Citizen's on Patrol Mtg

Mar 17 - St. Patrick's Day

Mar 20 - First Day of Spring

Mar 22 - Movie Night

Mar 23 - Easter Egg Hunt

Mar 25 - Reg. Mtg of Council - 7pm

Mar 29 - Good Friday

Mar 31 - Easter Sunday



**Opening in the Spring!!** Phase 1 is being prepared for pre-sale with 17 lots for initial availability.

The Grasslands is located on the west side of Beiseker within an easy commuting distance of Calgary, Airdrie and Balzac.

The Grasslands boast huge country lots with prices significantly lower than small city lots, and within walking distance of the K-12 school, restaurants and shops.

For more information - www.thegrasslands.ca

### 2013 PROPERTY TAXES due JULY 31ST.

This does not include anyone on TIPS monthly payment program.

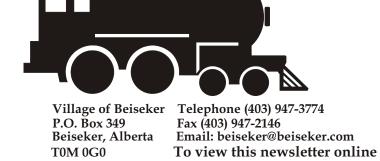
The dictionary is the only place where success comes before work!

Alberta's New Official Road Report is now live. Call 511. See the road ahead before you go. 24 hours a day, 7 days a week, view highway cameras and get the latest info on road conditions, major collisions

Alberta's Official Road Reports

and even construction delays before you head out.

511.alberta.ca



Village of Beiseker Regular Office Hours

Monday-Thursday 8:00 am - 5:00 pm (closed 12 - 1 for lunch) Friday 8:00 am - 12:00 noon. Closed March 29 and April 1 for Easter.

www.beiseker.com

### Village of Beiseker Employment Opportunities

Public Works Operator (full-time) - operation of all equipment, maintenance of Village owned land and equipment, water breaks, sewer back-ups, water meter readings, weekly garbage/recycling pick up. Preference will be given to candidates with Water/waste-water certificate.

Submit resume with details of qualifications, experience, education and references to the Village of Beiseker, Box 349, Beiseker, AB TOM 0GO, beiseker@beiseker.com or fax to 403 947-2146.



### Beiseker Library News March Special - 2 movies this month!!

Friday, March 1st-Rise of the Guardians AND Friday, March 22nd- Wreck-it Ralph. Beiseker Community Centre at 7pm, \$5/person, pop and popcorn included.

Children's Spring Reading Program - March 16 to April 13. Sign up on Saturday, March 16.

Craft Day - Saturday, March 9 from 12-1 pm.

Easter Craft Day - Saturday, March 23 from 12-1 pm.

Do you like to download music? With a library membership card you can download music for free. Do you have empty ink cartridges, old digital cameras, laptops or old cell phones? The library can recycle them for you.

Library Hours - Tuesday 9-4, Wednesday 3-8, Thursday 3-8, Friday 9-4, Saturday 10-2. 403 947-3230 www.beisekerlibrary.ca

SCRAPBOOKING group meets monthly in the Beiseker Community Centre. The next workshop date is March 23. For more information, call Mary Anne at 403 935-4525.

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Mark your calendars...Citizens on Patrol meetings Wednesday, March 13, April 10, May 8 at Beiseker Community Centre, 7:30. Everyone welcome!

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### TRANSFER STATION & RECYCLING DEPOT

Winter Hours: Thursday, Friday, Saturday - 10am to 3pm. Closed stat holidays. Please note: When recycling, please use a Blue Box or clear garbage bags. Do not use black garbage bags for any recyclables.

Beiseker Animal Control & Shelter 403 947-2102

**Did you know?** Surgeons who regularly play video games make 37% less errors and perform tasks 37% faster than their peers.

**Did you know?** Jon Bon Jovi has a restaurant that has no prices. Guests pay whatever they can or volunteer in exchange for their meal.

**Did you know?** Afternoon is the best time of day to try on shoes because your feet swell up slightly at that time.

**Did you know?** Lack of sleep leads to sugar cravings. **Did you know?** Valentine's is the second most popular card-giving holiday. Christmas is the first.

**Did you know?** Men spend an average of \$156 on Valentines, women spend on average \$86.

**Did you know?** Wearing headphones for just an hour will increase the bacteria in your ear by 700 times. Yuck! **Did you know?** To stop potatoes from sprouting, store them together with apples.

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**You can** never make the same mistake twice. The second time you make it, it's a choice.

The First Day Of Spring

**\$\$\$** - The cost of a child can be a little overwhelming. According to the experts, the cost of raising a child until 18 years of age could cost upwards of \$240,000.

**On an average** work day, a typist's fingers travel 12.6 miles!

### MARK YOUR CALENDAR

April 20 - Beiseker Lions Steak Fry June 8 - Beiseker Lions 95th Country Fair (family slow pitch tournament will be the same day). More information on the steak fry and country fair will be in the upcoming newsletters.

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Things turn out best for the people who make the best of the way things turn out!

Beiseker & District FCSS Board is accepting applications for 2013 funding.

Applications must fall within the following criteria:

- help people to develop independence by strengthening their coping skills and become more resistant to crisis;
- be educational, pro-active and support collaboration among other service providers;
- be effective and efficient in the use of money and other resources, looking to the highest impact in the use of such resources.
- emphasize community benefit in their application, and require a commitment from programs for measurable outcomes.
- -Promote, encourage and facilitate the involvement of volunteers.
- -help people to develop life skills, and develop interpersonal and group skills, which enhance constructive relationships.

### Grants cannot be used for:

- recreation;
- public health transportation;
- direct assistance, including money, food, clothing or shelter to sustain an individual or family;
- rehabilitation;
- duplication of services provided by other government agencies.

Applicants must be a non-profit agency/community group, registered society, or local government agency that serves the Village of Beiseker and surrounding area residents.

Application forms are available at the Village Office. Deadline is March 15th, 2013.

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CARAGE St. Mary's Church Garage Sale

Be Green - Clean out your basement closets and garage for a good cause!

St. Mary's will recycle your stuff at their garage sale - Sat, April 27 at Richter Farm, 230 North Road. For more information, call 403 947-3814.

Beiseker Helping Hands is accepting donations of yarn! We meet Mondays at 10:00am at the Golden Years Seniors Centre. New comers always welcome.

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As part of its energy efficiency program,

Energy Your Way, Fortis Alberta has teamed
up with Home Hardware to provide customers
in the communities they serve with
complimentary Energy Savings
Kits during a special in-store
event on March 2, 2013. Check out your local

Home Hardware store.





Just a few of the things going on at Beiseker Community Links!

### CommunityLinks

Beiseker Play Day - for parents/caregivers and children 0 - 3 years of age. Tuesday mornings from 10am - 11:30am.

Budgeting Basics - Tuesday, March 12 from 7-9 pm, Airdrie Office. Through this interactive and informative workshop, you will learn valuable tips to help create a budget that's right for you. Call 403 945-3900 or toll free 1 866-945-3905 to pre-register (by March 8) or for more info, \$5/person.

Seniors Pension Information Session - Provincial and Federal information about all of the various pensions that can benefit you. Tuesday, March 26 at Beiseker Community Links 1-2:30 pm. Register by calling 403 947-2841. Complimentary coffee and snacks.

Alberta Seniors Benefits Information Session - Learn about the financial pension and all the programs and services available for those who qualify through this Alberta Pension. Tue, April 23, 1-2:30 pm. Beiseker Community Links. Call 403 947-2841 to register. Coffee and snacks.

Senior Respite Program - this program will provide short term respite support to individuals who are primary caregivers of an adult 65 years and older; and are faced with significant situational stress, fatigue and/or crisis. For more information, contact Anna at 403 945-3900.

**Seniors Friendly Visitor Program** - Are you interested in being a "Friendly Visitor" or receiving a "Friendly Visitor? To volunteer or for more information, contact Anna at 403 945-3900.

Family Respite Care - this program provides short term support to parents/caregivers with children 0-12 years of age who may be experiencing situational stress. The Community Links workers are experienced in First Aid, CPR, child development, parenting and family issues. For more information, contact Anna at 403 945-3900.

Caregivers Support Group - educational and supportive topics and presentations, group support, community resources available for you and your family - 3rd Tuesday of every month at Airdrie Links. Contact Charlett at 403 945-3900.

Grief and Loss - Adults will become more aware of their own grief process and how to manage them more effectively. This will be a psychosocial group offering education, tools and strategies, as well as support while individuals deal with their loss - every Thursday from 6:30-8:30. 403 945-3900. Stress & the Body Workshop - Are your emotions affecting you physically? Workshop will cover

Stress & the Body Workshop - Are your emotions affecting you physically? Workshop will cover the stress, physical, emotional & behavioral symptoms, identifying your triggers, releasing and overcoming stress, counseling.

Do not let the shadows of your past darken the doorsteps of your future. Forgive and Forget!

Recycling Blue Boxes are available at the Village Office for a \$10.00 refundable deposit. Please place your blue boxes in the same location as your regular garbage.

Don't be afraid your life will end; be afraid that it will never begin.





We like to Eat - Albertans have a reputation of working hard and playing hard, but we like to eat!! A new study says obesity rates across the province are on the rise.

**Try It** - The next time you boil eggs, save the water for your garden and plants. The water is enriched with calcium!

Crush an aspirin and add it to your flower vase. Your fresh cut flowers will last longer!



The Golden Years Town & Country Club is an organization for those 50+. As a member, you can participate in monthly pot luck suppers, out of town trips, and other recreational activities. The club also provides an opportunity to meet new people. The club is open every Tuesday and Thursday evening. New members are welcome. Call Al @ 403 947-2694, Barb @ 403 947-2202.

Beiseker Animal Control & Shelter-947-2102

# March Birth Flower Daffodil





## March Birthstone Aquamarine



**Pisces - February 19 - March 20** Imaginative & Sensitive; Compassionate & Kind; Selfless & Affectionate, Receptive & Honest, Romantic & Generous

Permits are required for all construction projects - Building, Development, Electrical, Gas and Plumbing, and subject to inspections. This ensures the work conforms to applicable codes and regulations. Permits available at the Village Office.

Beiseker Fire Dept. Station 130

Easter Egg Hunt - Saturday, March 23
at Friendship Park Ball Diamonds - 11am.

Hot chocolate, cookies, prizes. Bring a basket to collect the eggs. Donation of Food Bank items would be greatly appreciated.

The Fire Department is recruiting!! If you are interested in joining, please stop by the station any Tuesday evening.

Pass the Olive Oil..experts say a Mediterranean Diet can cut the chance of heart-related problems, especially strokes.

Recycling News - please rinse all milk jugs, cans, and glass jars before depositing these in the recycling blue box. Lightbulbs, styrofoam and sheet plastic (garbage bags, saran wrap) will not be accepted in the blue box or in the green bins at the depot. PLEASE dispose of these with your regular garbage.



Spending time with your children is more important than spending money on your children.

If you don't like something change it. If you can't change it, change your attitude.

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#### **ON-LINE BANKING**

On-line banking is available for paying Village of Beiseker taxes and utility bills. Contact your bank/credit union to set up your accounts. ATB, RBC, CIBC, BMO, TelPay Inc., TD Canada Trust, Credit Union, Scotiabank.

### TRANSFER STATION & RECYCLING DEPOT

Winter Hours Thursday, Friday, Saturday 10:00 am to 3:00 pm Closed on stat holidays.

### **Transfer Station Fees:**

Fridges, Freezers - \$15, Couches - \$10, Love Seats, Chairs- \$5, Mattresses - \$5, Box Springs - \$5. \$1.00 charge per bag of household garbage deposited at the Transfer Station.

All deposits of recyclables - FREE. Please ensure plastics are cleaned and lids removed before depositing into your blue box or at the Depot. Shredded paper must be bagged.

**Fun Fact** - The first couple to be shown in bed together on Primetime TV was Fred & Wilma Flintstone.

**Fun Fact** - For juicier oranges - submerge oranges (or other citrus fruit) in hot water for 15 minutes. This gives you twice the amount of juice.

**Fun Fact**- Pie crusts can be extra crispy by using vodka instead of water when making them.

**Fun Fact**- 55% of the activity on Google is people spell checking what they have written.

**Fun Fact**-The word "bed" is shaped exactly like a bed. **Fact**- Louis Vuitton burns their unsold merchandise so it won't be sold at a discount!

**Fact-** If you browse the web while logged in your Facebook account, Facebook tracks and records almost everything you do on the internet.

**For Fun-** Did you hear the joke about the germ? Never mind, I don't want to spread it around.

**Fun Fact** - 84% of Canadians think their peanut butter jar full of pennies might be worth something someday. **Something to think about** - Face your problems. Don't Facebook your problems.

Smiling naturally lifts muscles in the face and slows down the rate at which you age.

Call before you dig Alberta 1 Call 1 800-242-344

### **Beiseker Summer Recreation Activities**

### Camp Adventures 5-12 years of age 8:30 am - 4:00 pm

Week 1 - July 4-8 Summer Roars In \$65

Week 2 - July 11-15 Medieval Madness \$80 (includes Calaway Park)

Week 3,4 - July 18-29 Swimming Around the World in 10 Days \$180 (includes lessons & bus)

Week 5 - Aug 2-5 Survivor \$65

Week 6 - Aug 8-12 Who's Line is it Anyway? \$65

Week 7 - Aug 15-19 Where'd the Time Go? \$80 (includes Calgary Corn Maze)

To register or for more information, please contact Tracy at the Village Office - 403 947-3774.

### **Summer Youth Program Ages 10+**

July 4 - August 18, 2011. Prepay at the Village Office \$105 or drop-in fee of \$5.00 per day. Ball Hockey - every Monday 1:30 - 3:30

Sports, Skills & Drills - every Wednesday 1:30 - 3:30

*Inline Skating, Inline Hockey - every Thursday 1:30 - 3:30* 

**Swimming Lessons only** - July 18-28 \$50 per person, limited to 25 kids. Includes lessons and bus. Register before July 8th.

Calaway Park only - July 12 \$30 per person. Limited to 25 kids. Includes ticket and bus. Register before July 8th.

Calgary Corn Maze - August 17 \$30 per person. Limited to 25 kids. Includes ticket and bus.